

# Stay younger longer!



**DEFY THE EFFECTS OF AGEING - LIVE LIFE TO THE FULLEST.**

## Turn back the clock and feel younger for longer!

Are health problems taking the joy out of life?  
Is pain or lack of energy slowing you down?  
Want to have more control over factors of lifestyle diseases?

Dr Bruce Dewe will explain how quality wholefood nutrition can help you take control and reclaim your lifestyle. Attend this FREE Health Seminar to discover how you can turn back the clock and feel younger for longer!



**Dr. Bruce Dewe MD**  
International Lecturer  
Former Hospital Superintendent  
Chartered Natural Medicine Practitioner  
GNLD Health Professionals Council Member



Tuesday, 12th October, 2010, 7:30pm.

Community House  
32 Leach Street, New Plymouth.



For more information contact  
06 75 79971 (Val) or 06 75 78857 (Bev)  
or visit [www.gnld.co.nz](http://www.gnld.co.nz)

Invited by: